

Where to Go for Help

IN CASE OF EMERGENCY:

911 – emergency calls

311 – urgency calls

MV Hospital: 508-693- 0410

Dukes County Communication Center – 508-693-1212

AGENCIES AND SERVICES:

Clothes to Go: Summer hours: Wed 2-4, Sat 9-11, 508-693-4424

Mid-Oct to mid-Apr: Mon, Wed, Fri, 2-4; Sat., 9-11.

Community Action Committee of Cape Cod and the Islands, Inc:

Services for low- & moderate-income individuals and families; assistance/transitional housing services, homeless battered women & their children shelter services; child care and senior caregiver support

Mon-Fri 8:00-5:00; 1-800-845-1999 or <http://www.cacci.cc/about.html> for specific program information.

Dept. of Children & Family Services:

Child Abuse or Neglect, Mon-Fri 8:45-5:00 1-800-352-0712

Dept. of Transitional Assistance:

WIC, Food Stamps, Cash Assistance, 92 State Road, VH, Mon-Fri 8:00-5:00, 508-693-1299

See Vineyard Health Care Access Program (VHCAP) below for local support.

Elder Services of Cape Cod & The Islands, MV Hospital, OB: Jacqué Cage 508-693-4393

Protective Services Hotline: 1-800-244-4630

Meals on Wheels: M-F 9:00–5:00, 508-693-4393

See “The Resource Guide for Caregivers of Elders on Martha’s Vineyard” for an exhaustive list of resources:

http://www.dukescounty.org/Pages/DukesCountyMA_HealthCouncil/Caregivers_Journal_2011.pdf

Family Planning Office: 517 State Road, VH, Mon-Thurs 9:00-4:30, by appointment only

808-693-1208 (walk-in clinic for HIV testing only: 4:30-6:00 Mon & Wed)

Fuel Assistance:

Ages 59 and Under: Susan Von Stieger (all island) 508-693-4509

Call for appointment, Tues. 9:00-1:00 and Wed. 11:45–3

Ages 60+: VH Senior Center: Joyce Tucker 508-696-4205;

OB Senior Center: Rose Cogliano 508-693-4509

WT Senior Center: Joyce Bowker 508-693-2896

ED Senior Center: Laurie Schreiber 508-627-4368

Housing Assistance:

- Homeless Advocate, Associate County Commissioner for the Homeless, Connie Teixeira, 508-693-3250
- Housing for Homeless (singles): “Noah”, 77 Winter Street, Hyannis, 508-778-5255
Shelter open 4:30 pm–8:00 am; office open 9:00-12:00 Mon – Fri;
Also housing advocate, employment counselor, substance abuse counselor 508-771-1218
- Housing Assistance Corp., 460 W. Main St. Hyannis
Multi-Service/Referral Agency, Mon-Fri 9:00-5:00, 508-771-5400

Island Food Pantry: Armen Hanjian, United Methodist Church (Stone Church), VH, Church Street entrance: Mid-Oct to mid-Apr, Mon, Wed, Fri 2:00-4:00, 508-693-4764
(Call telephone number during rest of the year and a volunteer will meet you by appointment.)

Lift, The: Handicapped Van Service, 508-693-4633.

Martha’s Vineyard Community Services (MVCS): info@mvcommunityservices.com

508-693-7900, Fax 508-693-7192, TTY 508-693-3843

- **Disability Services** provides employment support, vocational evaluations and family support; 508-693-7900 x 251, Mon-Fri 8:00-4:00
- **Early Childhood Programs** provides infant through pre-school center-based and family childcare, a home-based Head Start program, a Family Network/Family Center, and a Supervised Visitation Program; 508-693-7900 x 280 – ECP – M-F 8-5
Family Center: 508-693-7900 x 288 (hours vary, call for information)
- **Island Counseling Center** provides mental health and substance abuse counseling, medication evaluation and monitoring, and 24-Hour crisis intervention services; and the Daybreak Clubhouse, a drop-in center for those with mental illness that provides vocational/social rehabilitation services
ICC: 508-693-7900 x 225 Mon-Fri 8:00-5:00
Emergency Services Hotline: 508-693-0032
Daybreak: 508-696-7563 – Mon-Fri, 8:30-4:30, Social on weekend day
- **The Thrift Shop** provides clothing and household items for those in need while raising significant funds to support programs: 508-693-2278 Mon-Fri, 8:30-5:00: Sat, 8:30-2:00
- **Women’s Support Services** provides services to victims and survivors of domestic and sexual violence; “Connect Against Violence” office: 508-684-8085, including a 24-Hour
Hotline: 508-693-SAFE (7233)

Mental Health

- Mental Health/Substance Abuse Crisis Response: ICC Emergency Services Provider (ESP) 24/7 Hotline: 508-693-0032, Program Director, Tom Bennett, 508-693-7900

See Martha's Vineyard Community Services (MVCS) below for additional information.

- Duffy Center, 105 Park Street, Hyannis, 508-771-1218
Mon, Tues, Thurs, Fri: 8-4, Wed: 8-12

Social Security & SSI: Senior Center, Wamsutta Ave, Oak Bluffs, 4th Mon of the month
(except when Mon is a holiday, then 3rd Mon)

9:45-12:45, 508-693-4509 (best to call in advance to confirm)

Falmouth Office 1-508-548-8150; National Office 1-800-772-1213

See Vineyard Health Care Access Program (VHCAP) below for local support.

Soup Suppers:

Mondays: Edgartown United Methodist Church (Old Whaling Church), Main St, ED
Nov-Mar, 5:00-6:00 pm, 508-693-4424

Tuesdays: Chilmark Community Church, Menemsha Cross Road, CH
5:30-6:30 pm, 508-645-3100

Wednesdays: First Congregational Church of West Tisbury, WT Center
Jan-Mar, 5:30-6:30 pm, 508-693-2842

Thursdays: St. Augustine's Church/Good Shepherd Parish/MV Hebrew Center, VH
5:00-6:00 pm, 508-693-0342

Fridays: Grace Episcopal Church, Woodlawn Ave, VH
Jan-Mar, 5:00-6:30 pm, 508-693-0332

Saturdays: Oak Bluffs Trinity Parish House, United Methodist Church, OB
5:00-6:00 pm, 508-693-4424

Sundays: Federated Church of Edgartown, 45 So. Summer St, ED
Jan-Mar, 1:00-3:00 pm, Lasagna lunch, antispung@aol.com

Serving Hands: Surplus Food from Dept. of Agriculture & Commonwealth of MA, Betty Burton, 508-693-4764; First Baptist Church Parish House, VH; Friday following 2nd Wed of the month, 2:00-4:00, Nov-Apr.

Veterans' Agent: Jo Ann Murphy, 508-693-6887, County Blvd (airport)
Mon, Wed, Thurs 8:00-1:00; Tues, 9:00-12:00; Fri, 8:00-12:00.

WIC (Women, Infants & Children): Hyannis Regional Office 508-771-7896
1st & 3rd Fridays 9:30-2:30.

Family Planning Office: 517 State Road, VH, by appointment only, 508-693-1208
(Walk-in clinic for HIV testing only: 4:30-6:00 Mon & Wed)

Vineyard Health Care Access Program (VHCAP): <http://mvhealthcareaccess.org>

Helps people apply for, enroll in, and maintain coverage in public health insurance programs including MassHealth (Medicaid), Medicare and Commonwealth Care. Also provides assistance with other government benefits like Social Security Disability and Food Stamps. Sarah Kuh, Director.

114 New York Ave, Oak Bluffs,
Mon-Thur, 9:00-4:00; 508-696-0020. Call for appointment or drop in.